



Shotokan Karate Seetal

Hochdorferstrasse 9a
6275 Ballwil

www.karate-seetal.ch
www.shotokankarate-seetal.ch

Dojoleiter / Kontakt

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Dojo Wochen-/Belegungsplan

■ Shotokan Karate Seetal
■ Taji Cuan Ballwil (Tai Chi)
 ■ Cantienica

Uhrzeit	Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag
6:00	6:00						
	6:15						
	6:30						
	6:45						
7:00	7:00						
	7:15						
	7:30						
	7:45						
8:00	8:00						
	8:15						
	8:30						
	8:45						
9:00	9:00						
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10:00	10:00						
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	10:30						
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11:00	11:00						
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	11:30						
	11:45						
12:00	12:00						
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	12:30						
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	15:45						
16:00	16:00						
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18:00	18:00						
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19:00	19:00						
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	19:30						
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20:00	20:00						
	20:15						
	20:30						
	20:45						
21:00	21:00						
	21:15						
	21:30						
	21:45						
22:00	22:00						
	22:15						
	22:30						
	22:45						

Trainingszeiten: MO 16:30 – 20:30 Uhr
 MI 16:30 – 20:30 Uhr
 DO 17:00 – 18:00 Uhr
 SA 13:30 – 16:15 Uhr

